

WAIVER

By signing this Release and Waiver, I, for myself, or as a

parent or guardian of _____ (name of child

participating, if under 18 years of age), acknowledge that

running a road race is a potentially dangerous activity, and

that there are risks involved in participating. I (or my child)

should not enter or run unless I am (or my child is)

medically able and properly trained. I (or my child) agree

to abide by all rules and any decision of a race official

relative to my (my child's) ability to complete the run

safely. I (for myself, and for my child, if participating)

assume all risks associated with participating in this event,

including, but not limited to: falls, contact with other

participants, the effects of the weather, including rain and

high temperatures, and traffic and road conditions, such

being known and appreciated by me. Having read and

understood this Release and Waiver and in consideration

of you allowing me (my child) to participate in the 3rd

Annual Highcroft Hurricanes 5K Run and/or 1 Mile Fun

Run (hereafter, "Road Race"), I hereby release the

Highcroft Hurricanes Swim Team, the Highcroft

Homeowners Association, the Town of Cary, and all

employees, agents, and representatives of same, as well

as all Road Race sponsors, from any and all claims and

liability of any kind arising out of or related to my (my

child's) participation in the Road Race, thereby waiving my

rights to any such legal claims I might otherwise have

had. The way it was written, it basically said "I

consideration of my rights to sue, I hereby release you

from liability," but that is not correct. The consideration is

not the right to sue, the consideration is our allowing the

runner to participate in the race. It's like saying, "I'm

exchange for you allowing me to run the race, I will waive

my right to hold you liable.

I grant permission to all of the foregoing to use

photographs, video recordings, or any other record of this

event for any legitimate purpose, including, but not limited

to, race result publication and / or team publicity

opportunities.

Participant's Signature / Date

Parent's Signature / Date (if participant is under age 18)

MAIL TO: Hurricanes 5K Run/Walk
5703 Highcroft Drive
Cary, NC 27519

Please complete the other side of form.



CATEGORY 5K
RUN/WALK
USATF Certified
Course # NC06110NW

Saturday

May 3rd, 2008

8:30 a.m.

• 5K Run/Walk

• 1 Mile Fun Run

NEW THIS YEAR!

Baby Stroller and

Clydesdale/Athena

Divisions

3rd ANNUAL HURRICANES 5K RUN/WALK & 1 MILE KIDS' FUN RUN

The Highcroft Hurricanes Swim Team along with their sponsors invite you to participate in the 3rd Annual Highcroft Hurricanes Category 5K Run/Walk & 1 Mile Fun Run presented by Bovenizer Orthodoxics on May 3rd, 2008. The race will start at the Highcroft Elementary School and take place through the beautiful Highcroft Subdivision and Sears Farm Park. The 5K race course is USATF certified.

STARTING TIMES

5K	8:30 a.m.
1 Mile Fun Run	Immediately following 5K

ENTRY FEES

5K Run/Walk	\$25 before 4/15 \$27 after 4/15
1 Mile Fun Run	\$15 before 4/15 \$17 after 4/15

All pre-registered race participants will receive a race T-shirt. Pre-registration cut off date is April 15, 2007.

REGISTRATION & PACKET PICK-UP

Registration and packet pick-up will be held at the Highcroft Hurricanes Swimming Pool on Thursday May 1st, 5:00 p.m. – 8:00 p.m.

Race-day registration and packet pick-up will be available at the Highcroft Elementary School from 7:00 a.m. to 8:00 a.m. for all participants.

DIRECTIONS

From I-40: Take exit 285 (Aviation Pkwy). Go southwest on Aviation Pkwy (away from airport). Turn left onto SR55. Turn right at first traffic light onto Green Hope School Rd. Turn left into Highcroft Subdivision (just past Sears Farm Road on your left and cemetery on your right). Follow signs to race start.

From SR55 (Apex, Cary): Take SR55 north past High House Rd. Approx. 1.5 miles north of High House Rd. turn left at first traffic light onto Green Hope School Rd. Turn left into Highcroft Subdivision (just past Sears Farm Road on your left and cemetery on your right). Follow signs to race start.

PARKING

Parking will be available at the Highcroft Elementary School parking lot (please look for signs as you enter the subdivision). Please do not park along Highcroft Drive for safety reasons.

AWARDS

The awards ceremony will be held 30 minutes after the 5K Run/Walk is completed.

- Overall male and female winners will receive trophies; overall winners will not receive duplicate age-group awards
- Awards will be presented to the first three male & female winners in each division: 12 & Under, 13-19, 20-29, 30-39, 40-49, 50-59, 60 & Over
- Additional trophies will be presented for the Baby Stroller and Clydesdale/Athena divisions.
- Fun Run participants will receive ribbons.

QUESTIONS

For more information, please contact Andy Hugo at andyhugo@yahoo.com.

ENTRY FORM

Race Number

**Entries not accepted unless
race waiver (on reverse) is signed**

Last Name

First Name

M.I.

Mailing Address

City

State

Zip

(Area Code) Telephone/email address

Sex

Age

Date of Birth

EVENT

5K Run/Walk \$25 before 4/15 _____
\$27 after 4/15 _____
1 Mile Fun Run \$15 before 4/15 _____
\$17 after 4/15 _____

Baby Stroller Clydesdale (Men > 200 lbs) Athena (Women > 150 lbs)

T-SHIRTS

100% cotton, pre-shrunk, short sleeve

Small Med Large XL XXL

Kids Small Kids Medium Kids Large

**Make checks payable to:
HIGHCROFT HURRICANES SWIM TEAM
NO REFUNDS**

**Entries not accepted unless race waiver
(on reverse) is signed**